

Stefano Manfredi's Italian Food Over 500 Recipes from the Traditional to the Modern and from the North to the South of Italy



BOOK DETAILS

- Author : Stefano Manfredi
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BOOK SYNOPSIS

In 1961 the Manfredi family, father Luigi, mother Franca and sons Stefano and Franco, arrived in Australia from Lombardy in the north of Italy. Stefano brought the food and memories from the kitchen of his mother and grandmother, one of Lombardys finest cooks, to his new home. Manfredi has been an award-winning chef and restaurateur since the early 1980s translating the flavours and recipes of his childhood into contemporary Italian food. He has published thousands of recipes for Fairfax over his 20 years of contributing to both Good Living and Spectrum and this magnificent volume is the culmination of Stefanos culinary journey. Stefano Manfredis Italian Food chronicles the food and wine from each Italian region and the dishes that make them famous. With over 500 recipes from the traditional to the modern this monumental and definitive cookbook will become an instant classic. It is a cookbook that will share the bookshelves with titles such as The Silver Spoon, David Thompsons Thai Food and Stephanie Alexanders The Cooks Companion.

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