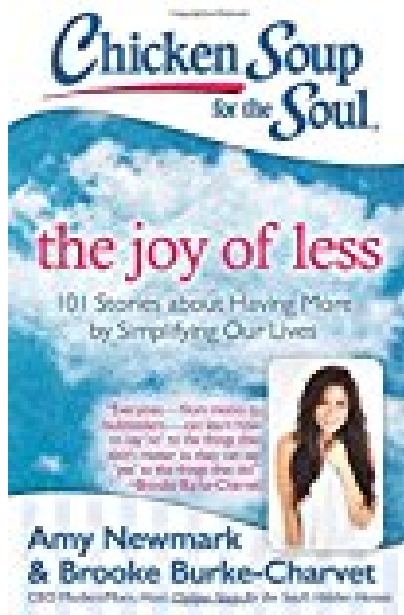


Chicken Soup for the Soul The Joy of Less 101 Stories about Having More by Simplifying Our Lives



BOOK DETAILS

- Author : Amy Newmark
- Pages : 400 Pages
- Publisher : Chicken Soup for the Soul
- Language : English
- ISBN : 1611599571

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BOOK SYNOPSIS

With Chicken Soup for the Soul: The Joy of Less, spring cleaning takes on a whole new meaning. You'll read stories about people who found happiness in an unlikely way: by saying no. No to buying more stuff, no to taking on additional time-filling commitments, and no to trying to please everyone all of the time.

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