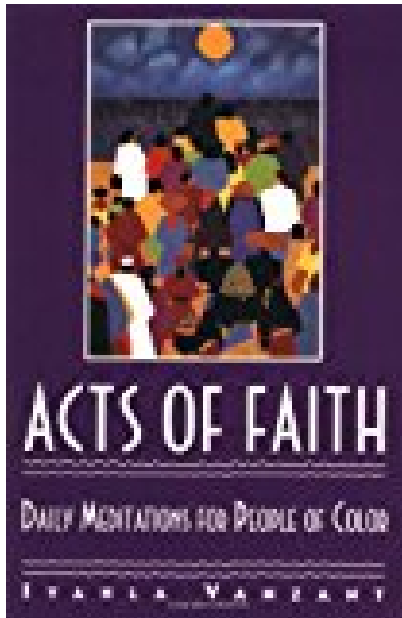


# Acts of Faith Daily Meditations for People of Color

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## BOOK DETAILS

- Author : Iyanla Vanzant
- Pages : 400 Pages
- Publisher : Touchstone
- Language : English
- ISBN : 0671864165



## **BOOK SYNOPSIS**

The healing has begun. It began when you picked up this book. The goal of these offerings is to assist the children of the earth in the redevelopment of their minds, bodies and spirits . . . Buried deep in the earth are precious diamonds. In order to get to them, however, we must dig and dig deep. In ACTS OF FAITH, life coach Iyanla Vanzant offers a inspirational passage for each day of the year, particularly aimed at people of colour. Vanzant considers that there are four basic areas that create stress and imbalance for people: our relationship with ourselves, our relationship with the world, our relationship with each other and our relationship with money. This book addresses all four issues in turn thus providing a meditative and uplifting guide to living successfully.

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